



2016 Boxing Day TT Rules OK



What better way to work off that extra helping of Christmas pud than to turn up for the Boxing Day Time Trial held by Essex Roads Cycling Club every year?

Time: 10:00 am (but be early to beat the rush)

Route: E18/06b (meet at E Hanningfield VH) 10.35 or 4.6 miles to be decided on the day

Bike: Standard Road Bike with optional mudguards carrier saddlebag etc.
Fixed Wheel OK.

Penalties: There will be time penalties for the following go faster bits: -

TT bike	1 ½ minutes
Aero Bars	1 min
Aero Helmet	30 sec
Deep Rim Wheels or Discs	30 sec
Mountain Bike	-1 minute

Fancy Dress: Prize for the best!

If you are too out of condition to ride, then how about marshalling?

Volunteer Marshals required: - 1 for Southend Road T junction, and (optionally) 1 for Pan Lane turn.

Please let me know at tt@essexroads.com if you can marshal or are planning to ride?
(signing up on the day is ok as well)

On the day feel free to call me on 07807 839204 to check if the TT is still going to happen if the weather conditions are bad.

Cheers

Len