

ESSEX ROADS



CYCLING CLUB

# Open 10.3 mile Sporting Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

SPOCO South East Group 1 Counter

*to be held on*

**Wednesday 8th June 2016**

**Course E18/6b — Start at 7.00 pm**

*Timekeepers:*

**Tony Brown and Laura Carter**

*Awards:*

Scratch: 1st – £40; 2nd – £20; 3rd – £10. Lady: 1st - £20, 2nd - £10

Junior: 1st - £20, 2nd - £10. Fastest Club Team of Three: £10 each.

*Event headquarters:*

**East Hanningfield Village Hall, nr Chelmsford, Essex CM3 8AE**

This is the village communal area, please park economically, respecting the disabled and shop designated bays. Do take advantage of the excellent facilities in the headquarters. No changing in full view of residents. Thank you.

Event secretary: Matt Haigh, 34 Highfields Mead, East Hanningfield. CM3 8XA Telephone: 07815 052402

## **COURSE DETAILS E18/6b**

**START** at the 'Back Lane' sign at the north end of Back Lane where it joins The Common, East Hanningfield. Proceed to Howe Green where turn left onto old A130 (**M**) continue south for about 2 miles to turn left (**M**) into Pan Lane. Continue to East Hanningfield and through village bearing left at mini roundabout (appears straight on) junction with Bicknacre Road to start point at Back Lane to complete circuit (5.75m). Continue as on the first circuit to **FINISH** where Pan Lane becomes Old Church Road at a black line across the road 7 yards before the East Hanningfield village sign.

**In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.**

**Cycling Time Trials and the Event Promoters recommend the use of a flashing rear light whilst competing.**

## **LONDON EAST LOCAL REGULATIONS**

- 1** Competitors are not allowed to warm up on any part of the designated course once the event has started.
- 2** No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.
- 3** No parking at either the start or finish points, other than the timekeepers car.
- 4** Body numbers will be available at the event headquarters and may be exchanged for a drink afterwards.

## **RIDERS BRIEFING NOTICE**

Riders waiting to start should stand in Back Lane adjacent to the start and off the main road, leaving unobstructed access for other road users.

Riders that have finished should proceed straight on to the event headquarters, being aware of competitors that are still racing.

Bib	Firstname	Lastname	Club	Gender	Category	Start Time
1	Matt	Haigh	Essex Roads CC	Male	Veteran	19:01:00
2	Carl	Stephens	Basildon CC	Male	Veteran	19:02:00
3	Trevor	Dyster	Essex Roads CC	Male	Veteran	19:03:00
4	Colin	Clarke	Wolsey RC	Male	Veteran	19:04:00
<b>5</b>	<b>Jeff</b>	<b>Orrey</b>	<b>Essex Roads CC</b>	<b>Male</b>	<b>Veteran</b>	<b>19:05:00</b>
6	James	Bromley	Becontree Wheelers CC	Male	Veteran	19:06:00
7	Kevin	Orrin	Chelmer CC	Male	Veteran	19:07:00
8	Ian	Braybrook	Basildon CC	Male	Veteran	19:08:00
9	Robin	Johnson	Brighton Mitre CC	Male	Veteran	19:09:00
<b>10</b>	<b>Richard</b>	<b>Price</b>	<b>London Phoenix CC</b>	<b>Male</b>	<b>Senior</b>	<b>19:10:00</b>
11	Andrew	Walker	Essex Roads CC	Male	Veteran	19:11:00
12	Nick	Watt	Essex Roads CC	Male	Veteran	19:12:00
13	Sioni	Summers	Imperial College Cycling Club	Male	Senior	19:13:00
14	Andrew	Shaw	Essex Roads CC	Male	Veteran	19:14:00
<b>15</b>	<b>Nick</b>	<b>White</b>	<b>East London Velo</b>	<b>Male</b>	<b>Veteran</b>	<b>19:15:00</b>
16	Dominic	Bray	Finsbury Park CC	Male	Veteran	19:16:00
17	Colin	Doe	Ford CC	Male	Veteran	19:17:00
18	Dan	Carter	Essex Roads CC	Male	Veteran	19:18:00
19	Tom	Haines	East London Velo	Male	Senior	19:19:00
<b>20</b>	<b>Andrew</b>	<b>Leggett</b>	<b>Team Velovelocity</b>	<b>Male</b>	<b>Veteran</b>	<b>19:20:00</b>
21	Simon	Constable	Basildon CC	Male	Senior	19:21:00
22	Ann	Shuttleworth	Chelmer CC	Female	Veteran	19:22:00
23	Brian	Farrow	Maldon & District CC	Male	Veteran	19:23:00
24	Gill	Carter	Essex Roads CC	Female	Veteran	19:24:00
<b>25</b>	<b>Ian</b>	<b>Bibby</b>	<b>Finsbury Park CC</b>	<b>Male</b>	<b>Veteran</b>	<b>19:25:00</b>
26	Susan	Triplow	Essex Roads CC	Female	Veteran	19:26:00
27	Danny	Roach	Becontree Wheelers CC	Male	Veteran	19:27:00
28	Mary	Bower	Chelmer CC	Female	Senior	19:28:00
29	Stephen	Holmes	VC Norwich	Male	Veteran	19:29:00
<b>30</b>	<b>Julia</b>	<b>Freeman</b>	<b>Easterley Road Club</b>	<b>Female</b>	<b>Veteran</b>	<b>19:30:00</b>
31	Ian	Damant	Becontree Wheelers CC	Male	Veteran	19:31:00
32	Marc	Robinson	Essex Roads CC	Male	Veteran	19:32:00
33	David	Marshall	Hemel Hempstead CC	Male	Veteran	19:33:00
34	Peter	Tibbitts	Ford CC	Male	Veteran	19:34:00
<b>35</b>	<b>Terry</b>	<b>Garlinge</b>	<b>East London Velo</b>	<b>Male</b>	<b>Veteran</b>	<b>19:35:00</b>