

ESSEX ROADS



CYCLING CLUB

# Open 25 mile Sporting Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

SPOCO South East Group Counter

*to be held on*

## Monday 29<sup>th</sup> August 2016

### Course E11/25 — Start at 7.00 am

*Timekeeper:*

Laura Carter

*Awards:*

Scratch: 1st – £40; 2nd – £20; 3rd – £10. Lady: 1st - £20, 2nd - £10

Fastest Club Team of Three: £10 each.

***Fastest Lady to hold Hazel Irons Memorial Cup for 1 year***

***Fastest Man to hold Essex Roads Cup for 1 year***

*Event headquarters:*

### Blackmore Village Hall, Nine Ashes Road, Essex CM4 0QW

This is the village communal area, please park in a sensible manner and do not take advantage of the excellent facilities in the headquarters. No changing in full view of residents and please respect the local residents by keeping any noise to a minimum. Thank you.

Event secretary: Leonard Gordon, 7 Cambridge Close, Basildon, Essex, SS16 6UW Telephone: 07807 839204

#### **COURSE DETAILS** E11/25 Blackmore

START in Chelmsford Road, approx 1.5 mile north Blackmore opposite EP20. Proceed north to Little Oxney where left onto A414 (1st exit). Proceed along A414 to turn around Four Wantz roundabout, Ongar (4th exit) (10.75m). Retrace along A414 over two roundabouts to turn around Widford Church roundabout, A1016 junction (4th exit) (20.16m). Retrace to Little Oxney roundabout and left into Blackmore Road, through Highwood village to FINISH at field entrance 40 yards north of 'Bend' sign, 800 yards north of start.

**In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.**

**Cycling Time Trials and the Event Promoters recommend the use of a flashing rear light whilst competing.**

#### **LONDON EAST LOCAL REGULATIONS**

- 1 Competitors are not allowed to warm up on any part of the designated course once the event has started.
- 2 No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.
- 3 No parking at either the start or finish points, other than the time keepers car.
- 4 Body numbers will be available at the event headquarters and may be exchanged for a drink afterwards.

**All riders should return to the headquarters as drug testing may be in force at this event.**

#### **RIDERS BRIEFING NOTICE**

Riders that have finished should proceed straight on to the event headquarters, being aware of competitors that are still racing.

No	Name		Club	SPOCO Status	Time
12	Wayne	Greve	Shaftesbury CC	Vet	07:12
13	Gill	Carter	Essex Roads CC	LadyVet	07:13
14	Ryan	Hassall	Bossard Whs	Senior	07:14
15	Dan	Smith	Hainault RC	Senior	07:15
16	John	Bradbury	CC Sudbury	Vet	07:16
17	Carl	Stephens	Basildon CC	Vet	07:17
18	Tony	Saffrey	Boxford Bike Club	Vet	07:18
19	Ellen	Dyverfeldt	100% ME	Lady	07:19
<b>20</b>	<b>Dominic</b>	<b>Bray</b>	<b>Finsbury Park CC</b>	<b>Vet</b>	<b>07:20</b>
21	Peter	Tibbitts	Ford CC	SupVet	07:21
22	Lisa	Hurrell	Maldon & District CC	Lady	07:22
23	Sam	Allen	Essex Roads CC	Junior	07:23
24	Ian	Dougal	Braintree Velo CRC	SupVet	07:24
25	Jack	Steven	East London Velo	Senior	07:25
26	Thomas	Platts	Aspire Velo Racing Team	Senior	07:26
27	Geoff	Bores	Ford CC	SupVet	07:27
28	Nicholas	Knight	Basildon CC	Vet	07:28
29	John	Hassall	Bossard Whs	KingVet	07:29
<b>30</b>	<b>Neil</b>	<b>Hornett</b>	<b>PMR @ Toachim House</b>	<b>Senior</b>	<b>07:30</b>
31	Julia	Freeman	Easterley Road Club	SenLadyVet	07:31
32	Jonty	Robinson	Essex Roads CC	Senior	07:32
33	Kevin	Orrin	Chelmer CC	SenVet	07:33
34	Andy	Bryant	Walden Tri	SenVet	07:34
35	Simon	Daw	Veloschils Interbike RT	SenVet	07:35
36	Alex	Smith	Maldon & District CC	Senior	07:36
37	James	Hodges	Lea Valley CC	Senior	07:37
38	Keith	Dalton	Ford CC	SenVet	07:38
39	Andrew	Reid	Chelmer CC	Vet	07:39
<b>40</b>	<b>Terry</b>	<b>Garlinge</b>	<b>East London Velo</b>	<b>Vet</b>	<b>07:40</b>
41	Marc	Robinson	Essex Roads CC	SenVet	07:41
42	Simon	Gent	Royal Air Force Cycling Association	Vet	07:42
43	Sarah	Croucher	Eagle Road Club	Lady	07:43
44	Brian	Farrow	Maldon & District CC	SenVet	07:44
45	Richard	Price	London Phoenix CC	Senior	07:45
46	Susan	Triplow	Essex Roads CC	LadyVet	07:46
47	Adam	Bishop	Lea Valley CC	Vet	07:47
48	Colin	Doe	Ford CC	SupVet	07:48
49	Honor	Wood	Chelmer CC	SenLadyVet	07:49
<b>50</b>	<b>Ian</b>	<b>Bibby</b>	<b>Finsbury Park CC</b>	<b>SenVet</b>	<b>07:50</b>
51	Andrew	Leggett	Team Velovelocity	Vet	07:51
52	George	Marshall	Rapha Cycling Club	Senior	07:52
53	Jon	Wadie	Basildon CC	Vet	07:53
54	Adam	Lowe	Metropolitan Police Cycle Club	Vet	07:54
55	Andrew	Horner	Stowmarket & District CC	Vet	07:55
56	Jeremy	Greenwood	Finsbury Park CC	Vet	07:56
57	Joanna	Butcher	Chelmer CC	LadyVet	07:57
58	Michael	Mott	Maldon & District CC	SupVet	07:58
59	Catherine	Osborn	Dulwich Paragon CC	Lady	07:59
<b>60</b>	<b>Colin</b>	<b>Ward</b>	<b>Essex Roads CC</b>	<b>Senior</b>	<b>08:00</b>