

ESSEX ROADS



CYCLING CLUB

Open 10.3 mile Sporting Time Trial

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

SPOCO South East Group 1 Counter

to be held on

Wednesday 7th June 2017

Course E18/6b — Start at 7.00 pm

Timekeepers:

Tony Brown and Laura Carter

Awards:

Scratch: 1st – £40; 2nd – £20; 3rd – £10. Lady: 1st - £20, 2nd - £10

Junior: 1st - £20, 2nd - £10. Fastest Club Team of Three: £10 each.

Event headquarters:

East Hanningfield Village Hall, nr Chelmsford, Essex CM3 8AE

This is the village communal area, please park economically, respecting the disabled and shop designated bays. Do take advantage of the excellent facilities in the headquarters. No changing in full view of residents. Thank you.

Event secretary: Matt Haigh, 34 Highfields Mead, East Hanningfield. CM3 8XA Telephone: 07815 052402

COURSE DETAILS E18/6b

START at the 'Back Lane' sign at the north end of Back Lane where it joins The Common, East Hanningfield. Proceed to Howe Green where turn left onto old A130 (**M**) continue south for about 2 miles to turn left (**M**) into Pan Lane. Continue to East Hanningfield and through village bearing left at mini roundabout (appears straight on) junction with Bicknacre Road to start point at Back Lane to complete circuit (5.75m). Continue as on the first circuit to **FINISH** where Pan Lane becomes Old Church Road at a black line across the road 7 yards before the East Hanningfield village sign.

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.

Cycling Time Trials and the Event Promoters recommend the use of a flashing rear light whilst competing.

LONDON EAST LOCAL REGULATIONS

1 Competitors are not allowed to warm up on any part of the designated course once the event has started.

2 No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.

3 No parking at either the start or finish points, other than the timekeepers car.

4 Body numbers will be available at the event headquarters and may be exchanged for a drink afterwards.

RIDERS BRIEFING NOTICE

Route to start; right out of the Village Hall, right into Back Lane and right again to start.

Riders waiting to start should stand in Back Lane adjacent to the start and off the main road, leaving unobstructed access for other road users.

Riders that have finished should proceed straight on to the event headquarters, being aware of competitors that are still racing.

1	19:01:00	Matt	Haigh	Essex Roads CC	Male	Veteran
2	19:02:00	Daniel	McKenny	Direct Power Cycling Team	Male	Senior
3	19:03:00	Kevin	Orrin	Chelmer CC	Male	Veteran
4	19:04:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran
5	19:05:00	rehman	haroon	Chelmer CC	Male	Senior
6	19:06:00	carl	stephens	Basildon CC	Male	Veteran
7	19:07:00	Paul	Ruffy	Essex Roads CC	Male	Senior
8	19:08:00	james	bromley	Becontree Wheelers CC	Male	Veteran
9	19:09:00	Gill	Carter	Essex Roads CC	Female	Veteran
10	19:10:00	Richard	Price	London Phoenix CC	Male	Senior
11	19:11:00	tom	haines	East London Velo	Male	Senior
12	19:12:00	Lesley	Pearce	Southend Wheelers	Female	Veteran
13	19:13:00	gregory	smith	Finsbury Park CC	Male	Veteran
14	19:14:00	Jeanette	Degiorgio	Crest CC	Female	Veteran
15	19:15:00	Ian	Bibby	Finsbury Park CC	Male	Veteran
16	19:16:00	Laura	Delnevo	East London Velo	Female	Senior
17	19:17:00	Simon	Neatham	Finsbury Park CC	Male	Veteran
18	19:18:00	Alison	Wood	Redbridge CC	Female	Veteran
19	19:19:00	Peter	Clark	Essex Roads CC	Male	Veteran
20	19:20:00	Julia	Freeman	Easterley Road Club	Female	Veteran
21	19:21:00	Philip	Murrell	Finsbury Park CC	Male	Veteran
22	19:22:00	David	Martin	Becontree Wheelers CC	Male	Veteran
23	19:23:00	Colin	Doe	Ford CC	Male	Veteran
24	19:24:00	nicholas	knight	Basildon CC	Male	Veteran
25	19:25:00	Jeremy	Greenwood	Finsbury Park CC	Male	Veteran
26	19:26:00	Nick	Watt	Essex Roads CC	Male	Veteran
27	19:27:00	Jamie	Maidment	Southend Wheelers	Male	Senior
28	19:28:00	andy	James	Essex Roads CC	Male	Senior
29	19:29:00	Andrew	Merchant	Southend Wheelers	Male	Veteran
30	19:30:00	Terry	Garlinge	East London Velo	Male	Veteran
31	19:31:00	Nick	Boyle	Chelmer CC	Male	Veteran
32	19:32:00	Peter	Stiff	Southend Wheelers	Male	Veteran
33	19:33:00	Graham	HURRELL	Basildon CC	Male	Veteran
34	19:34:00	Gareth	Davies	London Phoenix CC	Male	Veteran
35	19:35:00	Antony	Stapleton	Chelmer CC	Male	Veteran
36	19:36:00	John	Gretton	Southend Wheelers	Male	Veteran
37	19:37:00	Antonio	Paolino	Essex Roads CC	Male	Veteran
38	19:38:00	Dominic	Bray	Finsbury Park CC	Male	Veteran
39	19:39:00	Andrew	Shaw	Essex Roads CC	Male	Veteran
40	19:40:00	Paul	Hart	Southend Wheelers	Male	Senior
41	19:41:00	Peter	Tibbitts	Ford CC	Male	Veteran
42	19:42:00	Ian	Damant	Becontree Wheelers CC	Male	Veteran
43	19:43:00	Jonty	Robinson	Essex Roads CC	Male	Veteran
44	19:44:00	Jon	Wadie	Basildon CC	Male	Veteran
45	19:45:00	Graham	Painter	Chelmer CC	Male	Veteran
46	19:46:00	Simon	Constable	Basildon CC	Male	Senior
47	19:47:00	Terry	Butcher	Southend Wheelers	Male	Veteran
48	19:48:00	Ian	Braybrook	Basildon CC	Male	Veteran
49	19:49:00	nigel	fitzroy	Chelmer CC	Male	Veteran
50	19:50:00	Colin	Ward	Essex Roads CC	Male	Senior
51	19:51:00	Dan	Jenkins	Southend Wheelers	Male	Veteran
52	19:52:00	IAN	MUSSELWHITE	Basildon CC	Male	Veteran