

# ESSEX ROADS CYCLING CLUB



## Open 25 mile Sporting Time Trial

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

*to be held on*

**Monday 31st August 2020**

**Course E11/25a — Start at 7.00 am**

*Timekeepers:*

**Tony Brown and Laura Carter**

*Awards:*

Scratch: 1st – £50; 2nd – £30; 3rd – £20, 4<sup>th</sup> £10. Lady: 1st - £30, 2nd – £10.  
Vet: 1st - £30, 2nd – £10. Junior: 1st - £20. Fastest Club Team of Three: £10 each.

*Event headquarters:*

**Blackmore Village Hall, Nine Ashes Road, Essex CM4 0QW**

This is the village communal area, please park in a sensible manner and remember to maintain social distancing when outside the car. Access to the hall is just to use the toilets and each toilet must only be used by one person at a time. No changing in full view of residents and please respect the local residents by keeping any noise to a minimum. All riders must warm on the roads, **NO TURBOS OR ROLLERS IN THE CAR PARK.**

Signing-on will start at 6:15 am and will take place outside the hall unless it is raining.

Event secretary: Leonard Gordon, 7 Cambridge Close, Basildon, Essex, SS16 6UW Telephone: 07807 839204

### **COURSE DETAILS 11/25a Blackmore**

START in Fingrith Hall Lane at the entrance to field 40 yards before the junction to the A414. After starting proceed to the junction with the A414, (M), to turn left taking care to check for traffic from the right. Proceed on the A414 to perform a U-turn at the Ongar Four Wantz roundabout (M) (3.2 m). Retrace along A414 over two roundabouts to U-turn at the Widford Church roundabout (M) (12.6 m). Stay on the A414 to go over two roundabouts to return back to the Ongar Four Wantz roundabout (M) (22.0 m) to make another U-turn. Then stay on the A414 to continue to the finish which is just past the left turn into Willingale road. After you have finished continue on A414 to turn right into Fingrith Hall Lane to return back to the headquarters.

**In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.**

**Cycling Time Trials now requires the use of a flashing rear light whilst competing.**

**NO LIGHT, NO RIDE**

### **LONDON EAST LOCAL REGULATIONS**

- 1 Competitors are not allowed to warm up on any part of the designated course once the event has started.
- 2 No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.
- 3 No parking at either the start or finish points, other than the timekeeper's car.
- 4 Body numbers will be available at the event headquarters and they should be returned after the event. When the numbers are returned please complete the signing-off box on the sign-on sheet. Failure to do this will result in your result being marked as 'DNF'.

**All riders should return to the headquarters as drug testing may be in force at this event.**

### **RIDERS BRIEFING NOTICE**

Start and finish are about 1 ½ miles from the hall. Route to start is leave the car park and go straight ahead onto Redrose Lane. At the crossroads turn left onto Fingrith Hall Lane and continue until you reach the start.

Riders that have finished should proceed straight on to the event headquarters, being aware of competitors that are still racing.

If possible, please bring your own pen to sign on and if you need them any pins for your number.

No	Start	Name	Club	Category
1	07:01	Richard Todd	Onyx RT	Veteran
2	07:02	Nick Elson	Woolwich CC	Senior
3	07:03	Richard Stevens	Shaftesbury CC	Veteran
4	07:04	Paskell Blackwell	Team Charles Barclay	Veteran
5	07:05	Timothy Torrie	TBW23 Stuart Hall Cycling Gett Taxi	Espoir
6	07:06	Michael Costello	Race Hub	Veteran
7	07:07	Michael Edmunds	Verulam Really Moving	Veteran
8	07:08	Cliff Price	Dunmow Velo	Veteran
9	07:09	James Chalklen	Eagle Road Club	Junior
<b>10</b>	<b>07:10</b>	<b>terry Garlinge</b>	<b>Easterley Road Club</b>	<b>Veteran</b>
11	07:11	Matthew Saward	Athlon CC	Senior
12	07:12	Dan Foster	3T-RACING	Veteran
13	07:13	Chris Symonds	North Road CC	Veteran
14	07:14	Marcus Edwards	Kingston Phoenix RC	Veteran
15	07:15	Michael Parker	TMG Horizon Cycling Team	Veteran
16	07:16	Scott Beard	Shaftesbury CC	Veteran
17	07:17	Mark Vowells	CC Bexley	Trike
18	07:18	Chantel Coetzer	Redbridge CC	Lady
19	07:19	Fieke Blackwell	Team Charles Barclay	Lady
<b>20</b>	<b>07:20</b>	<b>Mark Cox</b>	<b>ZeroBC Race Team</b>	<b>Veteran</b>
21	07:21	Samuel Thienel	Shaftesbury CC	Senior
22	07:22	Julia Freeman	Easterley Road Club	Lady Vet
23	07:23	Miles Burrage	Eat Plants Not Pigs CC	Senior
24	07:24	Francesca Chilvers	Maldon & District CC	Lady
25	07:25	John Bradbury	CC Sudbury	Veteran
26	07:26	Alex Pearson	Woolwich CC	Veteran
27	07:27	Jack Mills	Maldon & District CC	Senior
28	07:28	Matthew Lord	Lee Valley Youth CC	Junior
29	07:29	Sarah Burns	East London Triathletes	Lady Vet
<b>30</b>	<b>07:30</b>	<b>Sam Wightman</b>	<b>Team Bottrill</b>	<b>Veteran</b>
31	07:31	Graeme Garner	Essex Roads CC	Veteran
32	07:32	Robert Pisolkar	Shaftesbury CC	Veteran
33	07:33	James Leach	Imperial Racing Team	Senior
34	07:34	Louise Douglass	Essex Roads CC	Lady
35	07:35	David Pennington	Southend Wheelers	Senior
36	07:36	Ian Braybrook	Basildon CC	Veteran
37	07:37	John Iszatt	Team Vision Racing - Silverhook	Veteran
38	07:38	Richard Jones	East Essex Triathlon Club	Veteran
39	07:39	James Bromley	Becontree Wheelers CC	Veteran
<b>40</b>	<b>07:40</b>	<b>Russell Hampton</b>	<b>Onimpex Bioracer RT</b>	<b>Senior</b>
41	07:41	Timothy Chilvers	Maldon & District CC	Senior
42	07:42	Edward Renwick	Oxford City RC	Veteran
43	07:43	Charlie Gaimster	Dulwich Paragon CC	Senior
44	07:44	Kelvin Fleuty	Maldon & District CC	Veteran
45	07:45	Matthew Saunders	Team Vision Racing - Silverhook	Veteran
46	07:46	Richard Parrotte	Shaftesbury CC	Veteran
47	07:47	Paul Turton	Team Vision Racing - Silverhook	Veteran
48	07:48	Daniel Lord	University of Warwick Triathlon & Road Cycling Club	Espoir
49	07:49	Chris Cantwell	West Suffolk Wheelers	Veteran
<b>50</b>	<b>07:50</b>	<b>Mark Arnold</b>	<b>VTTA (East Anglia Group)</b>	<b>Veteran</b>
51	07:51	Nick Boyle	Chelmer CC	Veteran
52	07:52	Alex Purcell	CC Sudbury	Senior
53	07:53	Cameron Geekie	Team Charles Barclay	Senior
54	07:54	Mark Edmonds	Shaftesbury CC	Veteran
55	07:55	Jack Kellam	Cambridge University CC	Senior
56	07:56	Nicholas Knight	Hart Performance Coaching	Veteran
57	07:57	Paul Looke	Shaftesbury CC	Veteran
58	07:58	Geoff Bores	Ford CC	Veteran
59	07:59	Sean McDougall	Finsbury Park CC	Veteran
<b>60</b>	<b>08:00</b>	<b>Peter Harding</b>	<b>Chelmer CC</b>	<b>Senior</b>
61	08:01	David Warlow	Essex Roads CC	Veteran
62	08:02	Richard Hutt	Harp RC	Veteran

No	Start	Name	Club	Category
63	08:03	Simon Constable	Basildon CC	Veteran
64	08:04	Harry Moore	Cycling Club Hackney	Veteran
65	08:05	Daniel Ryan	North Road CC	Senior
66	08:06	James Sale	Eagle Road Club	Senior
67	08:07	Louise Robinson	Essex Roads CC	Lady Vet
68	08:08	Alfie Salmon	Lee Valley Youth CC	Junior
69	08:09	Jennie Page	Southend Wheelers	Lady Vet
<b>70</b>	<b>08:10</b>	<b>David Harding</b>	<b>Chelmer CC</b>	<b>Senior</b>
71	08:11	James Moss	North Road CC	Veteran
72	08:12	Adam Bishop	Lea Valley CC	Veteran
73	08:13	Hugh Williams	Redbridge CC	Veteran
74	08:14	David Martin	Becontree Wheelers CC	Veteran
75	08:15	Dean Lubin	Team Vision Racing - Silverhook	Veteran
76	08:16	Rob Chaplin	East London Velo	Veteran
77	08:17	Reece Barclay	Team Charles Barclay	Senior
78	08:18	Jonty Robinson	Essex Roads CC	Veteran
79	08:19	Hayley Ruch	East Essex Triathlon Club	Lady Vet
<b>80</b>	<b>08:20</b>	<b>Nicholas Fennell</b>	<b>Thanet RC</b>	<b>Senior</b>
81	08:21	Alister Campbell	Eagle Road Club	Veteran
82	08:22	John Golder	Chelmer CC	Veteran
83	08:23	Steve Foster	Haverhill Cycling Club	Veteran
84	08:24	Will Hedden	Crest CC	Senior
85	08:25	Josh Crow-Stewart	Arctic Aircon RT	Senior
86	08:26	Jennifer George	MEMORIAL - SANTOS	Lady
87	08:27	Paul Donegan	Chelmer CC	Veteran
88	08:28	Alex Warburton	Velo Schils Interbike RT	Senior
89	08:29	Aidan Kerrigan	Lee Valley Youth CC	Junior
<b>90</b>	<b>08:30</b>	<b>Matthew Smith</b>	<b>DRAG2ZERO</b>	<b>Veteran</b>
91	08:31	Wolfgang Emmerich	London Phoenix CC	Veteran
92	08:32	Daryl Maffey	CC London	Veteran
93	08:33	Max Eagle	OVB	Espoir
<b>Tandem</b>				
94	08:34	David Shannon	Islington Cycling Club	Veteran
		Richard May	Islington Cycling Club	Veteran